Foreign National's Guide to Disaster Prevention

Ofunato City

Natural disasters are extremely common in Japan and unpredictable. To best protect yourself, please remember the following information on what to do in the case of a disaster.

Earthquakes (Jishin)	Tsunami	Torrential Downpour/ Floods (Ōame/Kōzui)	Fires (Kaji)
			
• Protect your head • Wait for the shaking to stop, then put out any open flames	• Evacuate to high ground • Do not return to low elevations	• Stay away from bodies of water • Be cautious of landslides	• Dial 119 • Call out "TASUKETE" (help) loudly. • Keep your body low and evacuate



Listen for the following broadcast sounds to determine the disaster type!



(Earthquake Keywords)	(Tsunami Keywords)	(Heavy Rain Keywords)	(Fire Keywords)
• "Kinkyū"- Emergency • "Jishin"- Earthquake • "Ōjishin"- Major Earthquake	• "Tsunami" • "Takadai"- High Ground • "Hinan"- Evacuate to shelter	• "Keikai Reberu"- Alert Level • "Ōame"- Torrential Downpour • "Kōzui"- Flooding	• "Kasai"- Fire • "Enshō"- Spreading Fire • "Hinan"- Evacuate to shelter



Hear example Earthquake and Tsunami broadcasts here▶

※Please listen at a low volume



If you hear "Hinan", evacuate!

Find More Information on Natural Disasters Here

【Ofunato City's LINE Official Account】

See Alerts and Information from the City

【Safety tips】

Natural Disaster Information Available in Multiple Languages

【NHK WORLD】

News and Emergency Information Available in Multiple Languages



How to Prepare Before a Disaster Occurs

In the case of a natural disaster, essentials to daily life will be disrupted. To ensure your safety, it is best to be prepared prior to the event of an emergency.

Know ahead of time! In the case of a natural disaster, expect the following:

Electricity, Gas, and Water will be **INOPERABLE**



You will be **unable** to purchase food and other items at the store

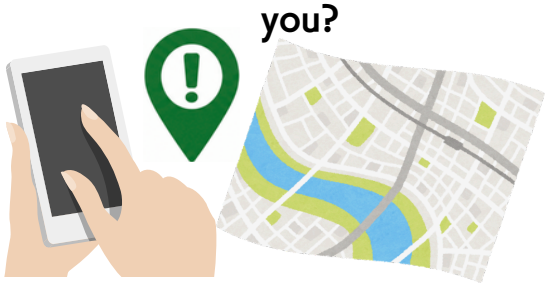


Elevators will be **out of service**. Please locate stairs ahead of time.



Let's Prepare! To minimize the risk of injury, please follow these preparation procedures:

Check out the "Hazard Map," are there any hazardous locations near you?



Locate shelters and other safe locations, including their evacuation routes, ahead of time.



Prepare evacuation essentials, including cash, water, food, your residence card, and more.



Decide your plan of action in the case of an emergency ahead of time!



Let's Practice! Practice what you learned by participating in drills!



Ofunato has yearly Disaster Preparedness Drills. Participate in these to practice what to do in the case of a natural disaster related emergency!

◀Read disaster prevention posters in your respective language

Learn drills, emergency Japanese, and more through videos and disaster scenarios! ▶

Disaster Preparedness Drill Book

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